

10 Prompts Every Practitioner Should Steal

Copy-paste. Patient-tested. Built to sound like you, not a robot.

From Brie Wieselmann, L.Ac. – 27 years of clinical practice

Paste one into Claude or ChatGPT, replace the [brackets], and edit the first output once — that edit teaches it your taste for next time.

01 – PATIENT FAQ → HANDOUT

"You're helping me write a patient handout. I just explained [topic, e.g. what low ferritin means and why it matters] to a patient. Write a one-page handout on it for a smart non-clinician. Warm, plain, no jargon. Match this voice: [paste 3 sentences you've written]."

02 – ONE QUESTION → A WEEK OF CONTENT

"Here's a question a patient asked me: [question]. Give me 5 short social posts, each taking a different angle on it – one myth-bust, one story, one how-to, one reframe, one 'most people don't know.' Keep each under 60 words."

03 – THE SELF-GRADER

"Score this post 1-10 on hook strength and clarity for [platform]. Be strict. If it's under 7, tell me the single weakest line, then rewrite the whole thing. Post: [paste]."

04 – LAB RESULT → TEACHING CAROUSEL

"Explain [marker/result] to a smart non-clinician across 6 short slides. One idea per slide. No jargon, no fear-mongering. End on what they can actually do."

05 – THE VOICE EXTRACTOR

"Read these 5 things I wrote: [paste]. List the 8 rules that make them sound like me – sentence length, word choices, how I open, what I avoid. Write it as a 'voice guide' I can reuse."

06 – PROTOCOL → PLAIN-ENGLISH EXPLAINER

"Turn this protocol into something a patient can follow without me in the room: [paste]. Keep the sequence exact. Flag anything they should call me about."

07 – OBJECTION → HOOK

"A patient pushed back on [belief/objection]. Turn that objection into 3 scroll-stopping first lines for a short video. Curious, not preachy."

08 – REPURPOSE ONE POST → FIVE

"Take this post: [paste]. Give me: a Reel script, a carousel outline, a text version for LinkedIn, a Threads one-liner, and an email subject line. Keep my voice."

09 – THE INTAKE-PATTERN MINER

"Here are the 10 questions I got asked most this month: [paste]. Group them into 4 content themes and give each theme a title I could build a week around."

10 – THE HANDOUT PERSONALIZER

"Rewrite this generic handout [paste] so it sounds like it came from me, not a pharma pamphlet. Warmer, specific, and add one line that sounds like something I'd actually say."

These are the everyday ones. The system I run — the one that writes, grades, and schedules on its own — is these prompts, wired together and pointed at my practice. That's what I teach practitioners to build in the cohort.

Want the whole machine, not just the parts?

[Request the details](#)

joinfinally.ai/cohort